

10 x 650 m Adventsstaffel am 16.12.2006

Platz	Vorname Name	Jg	1. Runde	2. Runde	3. Runde	4. Runde	5. Runde	Gesamtzeit	Teamzeit
1.	Friedhelm Henze	52	02:11	02:16	02:16	02:17	02:17	11:17	20:23
	Georg Diettrich	70	01:48	01:49	01:49	01:50	01:50	09:06	
2.	Daniel Schwietert	77	01:59	02:04	02:04	02:05	02:05	10:17	20:44
	Michael Heyen	69	01:57	02:08	02:06	02:09	02:07	10:27	
3.	Alfred Knoblauch	61	02:08	02:11	02:12	02:14	02:14	10:59	20:47
	Michael Mäschig	77	01:54	01:57	01:57	01:59	02:01	09:48	
4.	Jürgen Reents	71	02:05	02:08	02:13	02:13	02:09	10:48	21:05
	Matthias Pirschel	78	01:56	02:07	02:09	02:09	01:56	10:17	
5.	Jens Seddig	65	02:11	02:17	02:18	02:20	02:16	11:22	21:31
	Niklas Kuhnert	74	01:53	02:01	02:06	02:07	02:02	10:09	
6.	Ralf Zabel	69	02:08	02:11	02:13	02:16	02:15	11:03	22:00
	Norbert Weinberg	61	02:11	02:12	02:10	02:10	02:14	10:57	
7.	Victoria Willcox-Heidner	73	02:19	02:19	02:19	02:18	02:14	11:29	22:24
	Jan-Hendrik Hans	87	02:05	02:06	02:11	02:15	02:18	10:55	
8.	Silvia Hörig	62	02:31	02:45	02:36	02:35	02:29	12:56	23:45
	Bela Hörig	90	02:12	02:11	02:12	02:12	02:02	10:49	
9.	Sebastian Brendel	92	02:21	02:23	02:23	02:25	02:18	11:50	23:55
	Malte Thumann	92	02:12	02:26	02:31	02:32	02:24	12:05	
10.	Jeannette Horn	70	02:28	02:28	02:26	02:29	02:29	12:20	24:07
	Manuela Schulz	70	02:20	02:22	02:21	02:25	02:19	11:47	
11.	Wilfried Meinen	53	02:27	02:37	02:54	02:55	02:37	13:30	24:10
	Sven Meinen	89	01:59	02:04	02:05	02:10	02:22	10:40	
12.	Katja Leschik	89	02:22	02:33	02:35	02:39	02:35	12:44	24:14
	Markus Zirklewski	86	02:09	02:21	02:22	02:23	02:15	11:30	
13.	Ann-Katrin Arlinghaus	89	02:23	02:27	02:36	02:37	02:32	12:35	24:16
	Rudolf Kolbusch	56	02:06	02:19	02:24	02:27	02:25	11:41	
14.	Detlef Otten	62	02:25	02:26	02:25	02:29	02:26	12:11	24:40
	Jürgen Koch	63	02:24	02:23	02:31	02:35	02:36	12:29	
15.	Sören Otten	94	02:21	02:31	02:31	02:32	02:32	12:27	24:48
	Julien Hörig	94	02:23	02:23	02:28	02:30	02:37	12:21	
16.	Peter de Groot	52	02:28	02:30	02:33	02:32	02:32	12:35	25:50
	Wilfried Feil	43	02:36	02:35	02:41	02:44	02:39	13:15	

17.	Morten Otten	97	02:36	02:42	02:40	02:49	02:45	13:32	
	Joel Hörig	96	02:26	02:30	02:35	02:34	02:29	12:34	26:06
18.	Lando Poppe	95	02:39	02:45	02:47	02:51	02:47	13:49	
	Benjamin Horn	94	02:23	02:29	02:31	02:35	02:34	12:32	26:21
19.	Patrik Dams	89	02:10	02:48	02:58	02:59	02:41	13:36	
	Frank Dams	63	02:29	02:37	02:41	02:44	02:41	13:12	26:48

4er-Team

Vorname Name	Jg	1. Runde	2. Runde	Gesamtzeit	Teamzeit
Rabea Caspers	98	02:42	02:50	05:32	
Celina Poppe	93	02:39	02:40	05:19	
Joana Onnen	92	03:31	03:56	07:27	
Nicole Oelrichs	93	02:38	02:55	05:33	23:51

5er-Team

Vorname Name	Jg	1. Runde	2. Runde	Gesamtzeit	Teamzeit
Alica Henke	00	03:09	03:15	06:24	
Fenja Adel	96	02:50	02:49	05:39	
Anna Carina Franzmeier	93	02:26	02:48	05:14	
Laura Henke	98	02:47	02:46	05:33	
Samantha Horn	97	02:41	02:48	05:29	28:19

Einzelwertung

1.	Georg Diettrich	9:06	Min.	20.	Sebastian Brendel	11:50	Min.
2.	Michael Mäschtig	9:48	"	21.	Malte Thumann	12:05	"
3.	Niklas Kuhnert	10:09	"	22.	Detlef Otten	12:11	"
4.	Matthias Pirschel	10:17	"	23.	Jeannette Horn	12:20	"
	Daniel Schwietert	10:17	"	24.	Julien Hörig	12:21	"
6.	Michael Heyen	10:27	"	25.	Sören Otten	12:27	"
7.	Sven Meinen	10:40	"	26.	Jürgen Koch	12:29	"
8.	Jürgen Reents	10:48	"	27.	Benjamin Horn	12:32	"
9.	Bela Hörig	10:49	"	28.	Joel Hörig	12:34	"
10.	Jan-Hendrik Hans	10:55	"	29.	Peter de Groot	12:35	"
11.	Norbert Weinberg	10:57	"		Ann-Katrin Arlinghaus	12:35	"
12.	Alfred Knoblauch	10:59	"	31.	Katja Leschik	12:44	"
13.	Ralf Zabel	11:03	"	32.	Silvia Hörig	12:56	"
14.	Friedhelm Henze	11:17	"	33.	Frank Dams	13:12	"
15.	Jens Seddig	11:22	"	34.	Wilfried Feil	13:15	"
16.	Victoria Willcox-Heidner	11:29	"	35.	Wilfried Meinen	13:30	"
17.	Markus Zirklewski	11:30	"	36.	Morten Otten	13:32	"
18.	Rudolf Kolbusch	11:41	"	37.	Patrik Dams	13:36	"
19.	Manuela Schulz	11:47	"	38.	Lando Poppe	13:49	"

Einzelwertung 2 Runden

1.	Anna Carina Franzmeier	5:14	Min.
2.	Celina Poppe	5:19	"
3.	Samantha Horn	5:29	"
4.	Rabea Caspers	5:32	"
5.	Laura Henke	5:33	"
	Nicole Oelrichs	5:33	"
7.	Fenja Adel	5:39	"
8.	Alica Henke	6:24	"
9.	Joana Onnen	7:27	"