

10 x 650 m Adventsstaffel am 15.12.2007

Platz	Vorname Name	Jg.	1. Runde	2. Runde	3. Runde	4. Runde	5. Runde	Gesamtzeit	Teamzeit
1.	Jürgen Reents	71	02:04	02:09	02:10	02:11	02:02	10:36	20:56
	Sven Meinen	89	02:04	02:01	02:03	02:13	01:59	10:20	
2.	Jakob Kukjan	83	02:04	02:07	02:07	02:10	02:05	10:33	21:14
	Markus Zirklewski	86	02:07	02:07	02:08	02:09	02:10	10:41	
3.	Jens Seddig	65	02:07	02:14	02:19	02:23	02:15	11:18	21:52
	Sebastian Brendel	92	02:05	02:06	02:10	02:06	02:07	10:34	
4.	Christian Kellerer	69	02:17	02:15	02:14	02:15	02:22	11:23	22:24
	Norbert Weinberg	61	02:09	02:11	02:11	02:14	02:16	11:01	
5.	Joachim Sprie-Hans	60	02:10	02:26	02:31	02:32	02:30	12:09	22:49
	Jan-Hendrik Hans	87	02:07	02:13	02:09	02:08	02:03	10:40	
6.	Charly Kowollik	57	02:11	02:18	02:21	02:21	02:28	11:39	22:55
	Mark Kowollik	85	02:06	02:06	02:15	02:25	02:24	11:16	
7.	Michael Klemm	68	02:29	02:24	02:38	02:27	02:30	12:28	23:42
	Bela Hörig	90	02:12	02:15	02:21	02:17	02:09	11:14	
8.	Alfred Knoblauch	61	02:15	02:18	02:18	02:17	02:17	11:25	23:54
	Klaus Kieselhorst	59	02:21	02:30	02:30	02:34	02:34	12:29	
9.	Detlef Otten	62	02:26	02:30	02:33	02:38	02:33	12:40	24:10
	Matthias Bulla	64	02:17	02:21	02:18	02:20	02:14	11:30	
10.	Katja Leschik	89	02:24	02:32	02:37	02:38	02:38	12:49	24:12
	Balthasar Wowczyk	89	02:10	02:11	02:19	02:26	02:17	11:23	
11.	Dominik Sander	94	02:23	02:29	02:35	02:34	02:33	12:34	24:25
	Benjamin Horn	94	02:17	02:23	02:26	02:25	02:20	11:51	
12.	Morten Otten	97	02:28	02:33	02:31	02:34	02:33	12:39	24:35
	Sören Otten	94	02:19	02:23	02:24	02:25	02:25	11:56	
13.	Jeannette Horn	70	02:23	02:24	02:25	02:27	02:23	12:02	24:46
	Manuela Schulz	70	02:21	02:33	02:37	02:40	02:33	12:44	
	Sebastian Baller	91	02:23	02:34	02:40	02:41	02:35	12:53	
15.	Matthias Hering	86	02:16	02:24	02:33	02:40	02:33	12:26	25:05
	Stephan Scherf	85	02:17	02:22	02:33	02:42	02:45	12:39	
16.	Lennart Gutjahr	94	02:20	02:21	02:24	02:32	02:23	12:00	25:34
	Dominik Körber	94	02:28	02:43	03:01	02:45	02:37	13:34	
17.	Julien Hörig	94	02:18	02:27	02:34	02:34	02:31	12:24	25:50
	Joel Hörig	96	02:34	02:45	02:51	02:41	02:35	13:26	
18.	Patrik Dams	89	02:31	02:38	02:37	02:33	02:31	12:50	25:56
	Frank Dams	63	02:32	02:36	02:38	02:41	02:39	13:06	
19.	Kristina Sievers	89	02:38	02:51	02:54	02:51	02:48	14:02	26:22
	Ann-Katrin Arlinghaus	89	02:27	02:28	02:28	02:32	02:25	12:20	
20.	Sönke Meinen	96	02:27	02:34	02:38	02:36	02:41	12:56	26:23
	Wilfried Meinen	53	02:38	02:40	02:40	02:46	02:43	13:27	
21.	Malte Kieselhorst	96	02:44	02:40	02:47	02:53	02:45	13:49	26:57
	Cris-Manuel Horn	96	02:26	02:38	02:46	02:44	02:34	13:08	
22.	Detlef Kasig	63	02:39	02:46	02:53	02:53	02:58	14:09	27:14
	Patrick Kasig	88	02:27	02:34	02:46	02:51	02:27	13:05	

3er-Teams

Platz	Vorname Name	Jg	1. Runde	2. Runde	3. Runde	4. Runde	Gesamtzeit	Teamzeit
1.	Samantha Horn	97	02:30	02:34	02:34	02:37	10:15	
	Annemarie Alder	97	02:34	02:44	02:41		07:59	
	Rabea Caspers	98	02:34	02:34	02:31		07:39	25:53
2.	Laura Henke	98	02:36	02:52	02:56	02:58	11:22	
	Joanna Onnen	99	03:13	03:26	03:25		10:04	
	Alica Henke	00	02:51	03:04	03:04		08:59	30:25

2er-Team (3 Runden)

Platz	Vorname Name	Jg	1. Runde	2. Runde	3. Runde	Gesamtzeit	Teamzeit
1.	Nico Greb	98	02:45	02:51	03:00	08:36	
	Sören Wagner	98	03:02	02:48	03:04	08:54	17:30

Einzelwertung

1.	Sven Meinen	10:20	Min.	23.	Julien Hörig	12:24	Min.
2.	Jakob Kukjan	10:33	"	24.	Matthias Hering	12:26	"
3.	Sebastian Brendel	10:34	"	25.	Michael Klemm	12:28	"
4.	Jürgen Reents	10:36	"	26.	Klaus Kieselhorst	12:29	"
5.	Jan-Hendrik Hans	10:40	"	27.	Nicky Sander	12:34	"
6.	Markus Zirklewski	10:41	"	28.	Morten Otten	12:39	"
7.	Norbert Weinberg	11:01	"		Stephan Scherf	12:39	"
8.	Bela Hörig	11:14	"	30.	Detlef Otten	12:40	"
9.	Mark Kowollik	11:16	"	31.	Manuela Schulz	12:44	"
10.	Jens Seddig	11:18	"	32.	Katja Leschik	12:49	"
11.	Christian Kellerer	11:23	"	33.	Patrik Dams	12:50	"
	Balthasar Wowczyk	11:23	"	34.	Sebastian Baller	12:53	"
13.	Alfred Knoblauch	11:25	"	35.	Sönke Meinen	12:56	"
14.	Matthias Bulla	11:30	"	36.	Patrick Kasig	13:05	"
15.	Charly Kowollik	11:39	"	37.	Frank Dams	13:06	"
16.	Benjamin Horn	11:51	"	38.	Cris-Manuel Horn	13:08	"
17.	Malte Thumann	11:53	"	39.	Joel Hörig	13:26	"
18.	Sören Otten	11:56	"	40.	Wilfried Meinen	13:27	"
19.	Lennart Gutjahr	12:00	"	41.	Dominik Körber	13:34	"
20.	Jeannette Horn	12:02	"	42.	Malte Kieselhorst	13:49	"
21.	Joachim-Sprie Hans	12:09	"	43.	Kristina Sievers	14:02	"
22.	Ann-Katrin Arlinghaus	12:20	"	44.	Detlef Kasig	14:09	"

Einzelwertung 3 Runden

1.	Rabea Caspers	7:39	Min.
2.	Annemarie Alder	7:59	"
3.	Nico Greb	8:36	"
4.	Sören Wagner	8:54	"
5.	Alica Henke	8:59	"
6.	Joana Onnem	10:04	"

Einzelwertung 4 Runden

1.	Samantha Horn	10:15	Min.
2.	Laura Henke	11:22	"